



The art and responsibility of studying Medicine

El arte y la responsabilidad de estudiar Medicina

l'art et la responsabilité d'étudier la Médecine

Authors: Miday Columbié-Pileta,¹ María Aurelia Lazo-Pérez²

¹Doctora en Medicina. Licenciada de Médica y Cirujana. Especialista en Bioestadística. Máster en Atención Primaria de Salud. Doctora en Ciencias de la Educación Médica. Universidad Da Vinci de Guatemala. Facultad de Ciencias Médicas y de la Vida. Guatemala. Correo electrónico: mpileta@udv.edu.gt Código Orcid: <https://orcid.org/0000-0003-3812-4239>

² Licenciada en Educación, especialidad Química. Máster en Educación Superior. Doctora en Ciencias Pedagógicas. Universidad Particular de Chiclayo. Perú. Correo electrónico: marialazoperez1965@gmail.com Código Orcid: <https://orcid.org/0000-0002-8291-6949>



ABSTRACT

Studying Medicine in its beginnings was a dream that was not easy to achieve, today the reality is different. This dream is achievable with the condition that delivery, commitment, responsibility and few complaints are needed. These positions are both for the training process where a self-assessment exam must be carried out, to evaluate personal insufficiencies from the cognitive, attitudinal and human point of view, and for the subsequent postgraduate training process

where they must be constantly prepared with the purpose of to provide quality health care.

Keywords: study medicine, art, responsibility

RESUMEN

Estudiar Medicina en sus comienzos era un sueño no fácil de alcanzar, hoy la realidad es otra. Es alcanzable este sueño con el condicionamiento de que se necesita entrega, compromiso, responsabilidad y pocas quejas. Estas posiciones son tanto para el proceso de formación donde se debe realizar un examen de autoevaluación, para evaluar las insuficiencias personales desde el punto de vista cognitivo, actitudinal y humano, y para el posterior proceso de formación posgraduada donde se deben preparar constantemente con el propósito de brindar una atención de salud de calidad.

Palabras clave: estudiar medicina, arte, responsabilidad

*Autor para correspondencia: Miday Columbié Pileta. Correo electrónico: mpileta@udv.edu.gt

Recibido el 26 de noviembre de 2022. Aceptado el 09 de febrero de 2023



Esta obra está bajo una [Licencia Creative Commons Atribución-NoComercial-CompartirIgual 4.0 Internacional](https://creativecommons.org/licenses/by-nc-sa/4.0/).

Rev. CMV. 2023;1:e008

e-ISSN: 2958-9533



RESUMÉ

Étudier la médecine à ses débuts était un rêve qui n'était pas facile à réaliser, aujourd'hui la réalité est différente. Ce rêve est réalisable à condition que la livraison, l'engagement, la responsabilité et peu de plaintes soient nécessaires. Ces postes sont à la fois pour le processus de formation où un examen d'auto-évaluation doit être effectué, pour évaluer les insuffisances personnelles du point de vue cognitif, attitudinal et humain, et pour le processus de formation post-universitaire ultérieur où ils doivent être constamment préparés dans le but de fournir des soins de santé de qualité.

Mots clés: médecine d'étude, art, responsabilité

Studying Medicine in its beginnings was a dream that was not easy to achieve, today the reality is different. This dream is achievable with the condition that delivery, commitment, responsibility and few complaints are needed. These positions are both for the training process where a self-assessment exam must be carried out, to evaluate personal insufficiencies from the cognitive, attitudinal and human point of view, and for the subsequent postgraduate training process where they must be constantly prepared with the purpose of to provide quality health care.

It is time to sit down and think about whether or not what they are experiencing is what they want for their future six or seven years of university studies, and for their lives as future doctors; It is necessary to think about whether they want to identify themselves within the

area of health care in a significant personal, professional and human way.

On this long road you will find tolerant people and teachers, others not much and others without any tolerance. And do you know why? Because you are studying to solve a human health problem as a species and you must be aware that if you fail to issue a diagnosis or therapeutic guidance, that human being may die or cause other health conditions. Sometimes they will find themselves in situations where quick, accurate and timely decision-making is the key to resolving current situations.

Regardless of the professional performance of the managers of the training process, the student must understand their responsibility towards their learning process and their personal performance and as a student. There are students in this case of medicine who, under circumstances that are unfavorable in their learning process, orient themselves and give their best, stop lamenting the arduous path they have to travel, and with all seriousness work in order to achieve learning meaningful and strengthen service learning, distinguishing itself by its commitment and delivery.

It is time to reflect and stop looking with a rifle gaze towards the road already traveled and the one they have to travel. It is time to transform that look into a look of commitment, responsibility, altruism and rethink your positions and behaviors. It is time to look at yourself with a self-critical gaze and ask yourself how much you are willing to sacrifice and commit to take on the challenges and become excellent doctors.

*Autor para correspondencia: Miday Columbié Pileta. Correo electrónico: mpileta@udv.edu.gt

Recibido el 26 de noviembre de 2022. Aceptado el 09 de febrero de 2023



Esta obra está bajo una [Licencia Creative Commons Atribución-NoComercial-CompartirIgual 4.0 Internacional](https://creativecommons.org/licenses/by-nc-sa/4.0/).

Rev. CMV. 2023;1:e008



e-ISSN: 2958-9533



In this way, when they graduate, the people who know them will want to go to their office to receive the criteria of a professional who provides security, confidence; from professional attitudes backed by knowledge, empathy and assertiveness towards their patients and, over time, achieve their loyalty.

They must understand that today students play an active role in the training process, which is why they are responsible for the acquisition of significant learning. Self-pity, constant justifications, looking for blame will not make you good either as a person or as future professionals, it will only lead you to positions of fear, with little commitment to yourselves and to your professional training and to society.

Every time you don't feel like moving on, or you don't like the way of one teacher or the other, ask yourself what you should do, look for levels of help; reconsider how you have developed the activities up to now, rethink each of the actions to achieve learning. They should consider how to be a better person and professional in the future. For which they must be able to identify their goals and purposes clearly and precisely, taking into account the needs of society in full development.

At this point in the analysis, it is recommended to stop and think about the needs of the health-disease process, under the "One Health" approach, from which the need for doctors to understand and prepare to perform clinical examinations will be understood. integral. For which they must constantly prepare themselves, without stopping to think trivialities but with delivery, responsibility,

commitment, and above all with humanistic and fair positions.

HOW TO CITE: Columbié-Pileta M, Lazo-Pérez MA. El arte y la responsabilidad de estudiar medicina. Rev. CMV [Internet]. 2023 [citado 1 de diciembre de 2022];1(1-3). Disponible en: <https://editorial.udv.edu.gt/index.php/RCMV/article/view/8>

*Autor para correspondencia: Miday Columbié Pileta. Correo electrónico: mpileta@udv.edu.gt

Recibido el 26 de noviembre de 2022. Aceptado el 09 de febrero de 2023



Esta obra está bajo una [Licencia Creative Commons Atribución-NoComercial-CompartirIgual 4.0 Internacional](https://creativecommons.org/licenses/by-nc-sa/4.0/).

Rev. CMV. 2023;1:e008



e-ISSN: 2958-9533



LETTER OF AUTHORIZATION FOR PUBLICATION AND DISTRIBUTION

To the editorial committee of the Journal of Medical Sciences and Life

Article title: **THE ART AND RESPONSIBILITY OF STUDYING MEDICINE**

Author's name: DrC. Miday Columbié-Pileta, Dr.C María Aurelia Lazo-Pérez

The authors of this work agree to comply with the following standards:

1. All the mentioned authors participated in the scientific article and are responsible for it.
2. All the authors reviewed the final version of the work and approved the publication in the Revista Ciencias Médicas y Vida.
3. This work, or another similar in content, has not been published in another journal or as part of a book, nor is it subject to review in another editorial space, so it is original and unpublished.
4. In accordance with the License by which the journal is governed (Creative Commons Attribution-NonCommercial-CompartirIgual 4.0 International License), the authors will retain all rights to the work as long as the primary source of publication (RCMV) is cited and no use for commercial purposes.
5. Therefore, freely, voluntarily and free of charge, I assign (we assign) my (our) rights to the Revista Ciencias Médicas y Vida, to reproduce, edit, publish, distribute and make available through intranets, internet or CD said work, without any limitation of form or time and with the express obligation to respect and mention the credit that corresponds to me (us) in any use made of it.
6. It is understood that this authorization is not an assignment or transmission of any of my (our) economic rights in favor of the aforementioned institution, nor is it an exclusive license, since it will only be valid for one year from the date of publication.



7. The authors declare that the necessary protocols have been followed for the protection of informants' data, prior informed consent and compliance with the other ethical principles of scientific research and bioethics.
8. There is no conflict of interest.
9. I have delimited according to the Vancouver style, all the references used, and I have not committed plagiarism

City/Country: Guatemala, Chiclayo /Guatemala, Peru

Date: November 25, 2022

Authors signature

Dra.C. Miday Columbié-Pileta

.....
María Aurelia Lazo Pérez
Doctora en Ciencias
Master en Educación Avanzada
CE: 002675854

Dra.C. María Aurelia Lazo-Pérez